MOVING TIPS FROM SPAREFOOT

The SpareFoot moving checklist
Use this easy-to-follow moving checklist to get everything taken care of before the big day.

**Eight weeks before your move:**

- Make a room-by-room inventory of your home. Note and photograph any existing damage to your furniture, so you know who’s responsible for what on delivery day.
- Start getting rid of items you don’t plan on taking to your new home.
  - Sell or donate to your friends
  - Hold a garage sale
  - Sell items online (Craigslist, Facebook, eBay, etc.)
  - Donate to charities
- Once you have an accurate estimate of your belongings, start exploring moving companies and getting quotes from movers.
- Protect yourself from moving scams and frauds. Educate yourself on your rights and responsibilities before hiring a mover. Here are some resources to help you:
  - USDOT Protect Your Move website
  - How to Avoid the 7 Most Common Moving Scams
- If you haven’t already, find a real estate agent to make finding a home in your new location easier.

**Six weeks before your move:**

- Select your moving company or book your rental truck and begin finalizing the details of your move.
- Order moving supplies and boxes. Get free shipping on all moving supplies and kits when you order online with SpareFoot. You may need:
  - boxes
  - moving / packing tape
  - bubble wrap
  - mattress pads
  - moving blankets
  - moving labels
  - foam / packing peanuts
- Hire a cleaning company for the week of your move.

**Four weeks before your move:**
☐ Notify your child’s current school of your move and contact your new school district for enrollment information. Transfer transcripts and/or school records as needed.

☐ Notify the following service providers of your move and ask for recommendations for service providers in your new community:
  • City/County tax assessor
  • State vehicle registration
  • Social security administration
  • State/Federal tax bureau (IRS)
  • Banks
  • Insurance providers
  • Accountant
  • Attorney
  • Doctor
  • Dentist
  • Optometrist
  • Health specialists
  • Auto company
  • Banking/Finance companies
  • Credit card companies
  • Exterminator
  • Health club/Gym
  • Home care service providers

☐ Begin packing and labeling boxes. Remember to pack a separate box for your valuables.

Three weeks before your move:
☐ If you’re using a moving company, remember to discard aerosols, flammables, ammunition, and/or bottled gas. Be sure to check with your moving company for other prohibited items.

☐ If you’re moving during the week, notify your work that you’ll be taking a day or two off for moving day.

☐ Avoid the last-minute pile of trash on the curb—start throwing away anything that can’t be donated, sold, or gifted.

☐ If you plan on driving to your new home, get your vehicle tuned up before making any long cross-country drives.

☐ Make arrangements to rent a storage unit, if necessary. You can quickly compare storage options in your area by visiting SpareFoot.com.
Two weeks before your move:
☐ Confirm start and stop utility service at your new and old addresses for the following:
  • Electric
  • Water
  • Gas
  • Telephone
  • Cell phone
  • Cable/satellite and internet
  • Sewer
  • Trash collection
☐ If you’re switching banks, remember to clean out your safety deposit box.
☐ Make sure you have cash on hand for tips and moving day emergencies.
☐ Confirm moving and transportation arrangements with your moving company.
☐ Are you moving with pets? Make travel or boarding arrangements for moving day.
☐ If you’re moving to a different state, check health regulations for any vaccinations your pet may need.

One week before your move:
☐ Change your address online with the USPS®.
☐ Plan your meals for the rest of the week. Begin getting rid of food you won’t be able to finish.
☐ Finish packing everything at least three days before moving day.
☐ Give your new address and contact information to neighbors and landlords.

The night before your move:
☐ Clean out your refrigerator, throw out any leftover food, and defrost your freezer.
☐ Pack a bag of essentials for moving day and your first night, including a change of clothes, toiletries, napkins and towels, soap, shower curtains, important documents, and electronic devices.

Moving day:
☐ Accompany your movers through the house as they inventory your items.
☐ Leave your contact information for the new residents.
☐ Do a final walkthrough of the home after movers have finished.